Privilege Walk Activity
Have participants stand in a straight line in the middle of an empty room. Read the statements below. Warn participants of the sensitive nature of this exercise and that some might have emotional responses to certain items. Emphasize that if any statement makes them uncomfortable, they do not have to respond or participate.

If you were ever paid less or treated less fairly because of your gender, please take one step back.

If you have ever been unable to afford your method of birth control, take one step back.

If you ever felt uncomfortable about a joke directed at your gender, but felt unsafe speaking up, take one step back.

If you have received comprehensive reproductive health education in school, take one step forward.

If you have ever felt discriminated against by a health-care provider, take one step back.

If you have tried to change your appearance, speech, or mannerisms to gain more credibility or avoid being judged or ridiculed, take one step back.

If you are able to live without fear of being raped, take one step forward.

If you have sex with several people, and your social currency increases among peers, take one step forward.

If you are reasonably sure that you will not be denied access to educational, medical, political, economic, or social resources because of your gender, take one step forward.

If you can be rude, make a mistake, or drive carelessly without someone attributing it to your gender, take one step forward.

If you are able to walk around campus whenever you want, wherever you want, without worrying about whether it is safe for you, take one step forward.

If you are sure that you are not viewed as unhealthy, unfit, or unemployable because of your body or age, take one step forward.

If members of your gender are portrayed on television primarily in degrading roles, take one step backward.

If you have been the target of sexual harassment or assault, take one step backward.

If you can walk down the street without being looked up and down or catcalled at, take one step forward.

Take a look around. Who is behind you, who is in front of you, who is beside you? Where are your friends? What does the placing of people in this room suggest? How did this exercise make you feel? What statements stood out most? What have you learned? How can you use this information in the future?